

## Envy

In my youth, even before starting to explore the topic of religion, an emotion resembling envy sometimes would come knocking on my door. But I would always find a way to achieve a better life **without hindering** others. I studied and acquired additional education - a second diploma. I went to work in the desert, in a harsh climatic zone, for several years. So, due to overcoming my laziness and rejecting the comfort of cosmopolitan life, I obtained an above-average standard of living.

In 1994, the long journey began against the dark unknown part of my consciousness. Dealing with envy, among other things, I realized that the feeling starts with the desire to get what you want without having an opportunity. There is nothing wrong with the desire itself. But further, under the pressure of dissatisfaction, the **sinful part** of this emotion arises, that is, ill-will, which is **envy**.

Envy is multifaceted. It can become triggered by someone else's talent, beauty, property, social status, happiness, well-being, spiritual and other successes, etc. An envious person lacks humility. He is dissatisfied with what he has and displeased with his life.

The Light presents days filled with various circumstances that help a person identify his shortcomings so that he starts **paying attention** to them and **reduces** them. That is why every day is **valuable**; the person **deserves** everything the day has to offer.

You need to eliminate envy as well as all other negative emotions, and life will turn in your favor. **No one stops you** from achieving your goals, **changing yourself for the better**. But instead, the envious person becomes overcome with a burning desire for the one he envies (the victim) to lose what he (the envier) cannot have. In addition, the envious one wishes all sorts of troubles upon his opponent to the point of that person disappearing from the face of the earth altogether.

This **increased pressure** of the Darkness arises due to the fact that envy, through the **phenomenon of resonance**, connects with an enormous amount of similar forms, which **greatly intensifies** this current, so it rushes full force to the victim. If the victim has **remnants of envy** himself, the impact will reach the target. Here, the Law of Attraction is in the act – like attracts like.

As for the envious person, the boomerang effect, perhaps not immediately, reaches him with hundredfold problems. In addition, envy blocks faith as it inhibits the function of the solar plexus, which interferes with the connection of the spirit with the body. Envy also speaks of a lack of humility. It dramatically slows down redemption and burdens the envious person with new karma. Envy alongside vanity creates dissatisfaction and discontent, ill-will, and aggression. It is hard to work with such people on the team. Instead of moving toward the goal, precious time gets wasted on sorting things out among the team members.

A person will never receive more from God than he can give to his fellow citizen. If you want to receive plenty, be able to give out plenty, where the main gift is the warmth of your soul!

There were a few cases when I received a punishment due to my lack of understanding of what is considered a good deed. I helped many times by giving money, and I never expected that to lead me to material losses. Analyzing the situation, I learned that instead of a feeling of gratitude, there was the envy of me. The thought of the envious person was similar to: "If you give me money, then you have a lot of it." As in the song of V. Vysotsky: "...They don't know what to do with their money while we cannot afford vodka ...".

Life is a great teacher. It taught me in a harsh way that not all help is appropriate. It is necessary to check with your intuitive perception to whom and in what way to help. Sometimes the best mode of helping is telling a bitter truth. How a person perceives that truth is their choice.

It is possible to overcome envy. For that, one needs strong faith, conscious humility, and the spiritual goal as the priority over all earthly ones. Remember, in the presence of envy, there is a lack of Faith, Humility, and spiritual Goal!

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Yuri Lutsenko*